

# Understanding your pregnancy, labour, birth and your baby (antenatal)

## FREE ONLINE COURSE FOR

parents living in Luton\* who are expecting a baby.



\*MUST HAVE A LUTON AREA POSTCODE

Visit: [www.inourplace.co.uk](http://www.inourplace.co.uk)

Enter access code **HATTERS**

Other courses available are:

- Understanding your baby
- Understanding your child
- Understanding your teenagers brain

Further information can also be found at: [www.cambscommunityservices.nhs.uk/solihullapproach](http://www.cambscommunityservices.nhs.uk/solihullapproach)



UNDERSTANDING YOUR CHILD



S O L I H U L L   A P P R O A C H

**Luton**