

Faecal Immunochemical Testing (FIT) in adults (over 18 years)

This stool sample test can be used in primary care to assess people who are at a low risk of colorectal cancer and help determine whether they should be referred for further investigations where they do not meet the criteria for a suspected cancer pathway referral (2ww).

Patient presents with lower GI symptoms without red flag symptoms and **NO** visible rectal bleeding:

- Abdominal pain
- Change in bowel habit
- Unsure diagnosis and concern of underlying bowel disorder

Red flag indicators:

- Refer to 2ww proforma on SystmOne and 'Lower GI Urgent Suspected Cancer Referral Form' (East of England Strategic Clinical Network)
- Refer to [NICE \[NG12\]](#)

Investigations:

- Record weight
- Medication review
- Abdominal examination
- Rectal examination

Request ICE panel – bloods and stool sample:

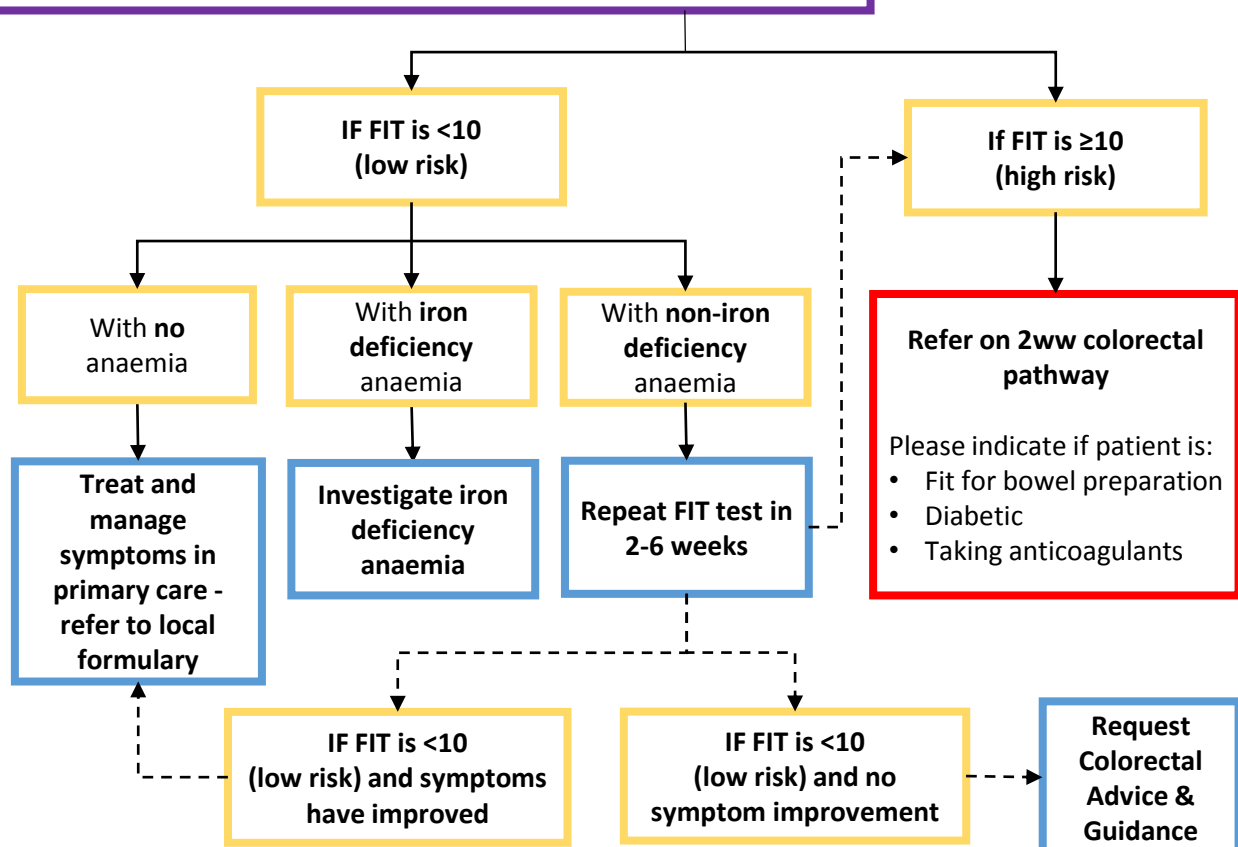
- Faecal Immunochemical Test (FIT)
- Full blood count (FBC)
- Ferritin

Share FIT patient leaflet and FIT sample bottle (flat with a green lid)

- Ensure sample is labelled correctly



If query Inflammatory Bowel Disease refer to **IBS/IBD pathway** and request Faecal Calprotectin (FCP)



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Red flag indicators:

- Refer to 2ww proforma on SystmOne
- Refer to [NICE \[NG12\]](#)
- Refer to Lower GI Urgent Suspected Cancer Referral Form (East of England Strategic Clinical Network) – the table shown below has been taken from this:

