

Things I will need if I am staying in hospital

 A form titled "All About Me" with fields for: My Name is:, I prefer to be called:, This booklet will help you to get to know me while I am in hospital (with a hospital icon), I live at:, I was born on:, My Doctor is:, My carer is:, and My carer's telephone no. is:.	All about me or health action plan
 A hand holding a blister pack containing several white, round tablets.	Medication
 A set of blue and white vertically striped pyjamas, including a long-sleeved top and matching trousers.	Pyjamas or nightie
 A pair of bright pink, plush, open-toed slippers.	Slippers
 A folded purple towel hanging from a metal towel rack.	Flannel and towel
 A tube of white toothpaste with a red label that says "Toothpaste".	Toothbrush and toothpaste
 A blue and black electric shaver.	Shaving stuff

	<p>Soap and shampoo</p>
	<p>Sanitary towels or tampons</p>
	<p>Money</p>
	<p>Things to do Books, magazines, music</p>