

WEEK ONE SUNDAY LUNCH

Please shade box black next to choice
 Portion size: Large Medium Small

PLEASE CHOOSE ONE FROM EACH SECTION

1	<input type="checkbox"/> Roast Beef & Yorkshire Pudding	D
2	<input type="checkbox"/> Chicken & Vegetable Pie	D S ☺
3	<input type="checkbox"/> Pasta with Bolognese Sauce	D S ♥
4	<input type="checkbox"/> Vegetarian Casserole with Lentils	D V ☺
5	<input type="checkbox"/>	
6	<input type="checkbox"/> Roast Potatoes	D V ☺
7	<input type="checkbox"/> Mashed Potatoes	D V S ♥
8	<input type="checkbox"/> Seasonal Vegetable	D V S ♥
9	<input type="checkbox"/> Green Beans	D V ♥
10	<input type="checkbox"/> Rice Pudding	V S ☺
11	<input type="checkbox"/> Diabetic Rice Pudding	D V S ☺
12	<input type="checkbox"/> Pears in Juice	D V S ♥
13	<input type="checkbox"/> Custard	V S ☺
14	<input type="checkbox"/> Diabetic Custard	D V S ♥
15	<input type="checkbox"/>	
16	<input type="checkbox"/>	

Name _____
 Ward _____

RED TRAY ASSISTED ward use only

WEEK ONE SUNDAY SUPPER

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PLEASE CHOOSE ONE FROM EACH SECTION

1	<input type="checkbox"/> Cream of Leek & Potato Soup	D V S ☺
2	<input type="checkbox"/>	
3	<input type="checkbox"/> Egg Mayo Sandwich on Wholemeal	D V S
4	<input type="checkbox"/> Egg Mayo Sandwich on White	D V S
5	<input type="checkbox"/> Cheese, Tomato & Pepper Pizza	D V ☺
6	<input type="checkbox"/> Tuna & Lemon Salad	D ♥
7	<input type="checkbox"/>	
8	<input type="checkbox"/>	
9	<input type="checkbox"/>	
10	<input type="checkbox"/> Mixed Salad	D V ♥
11	<input type="checkbox"/> Coleslaw	D V ☺
12	<input type="checkbox"/>	
13	<input type="checkbox"/> Peaches in Juice	D V S ♥
14	<input type="checkbox"/> Cheese & Biscuits	D V ☺
15	<input type="checkbox"/> Ice Cream	D V S ♥
16	<input type="checkbox"/> Fresh Fruit	D V ♥

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Bedford Hospital

NHS Trust



Breakfast Menu

Fruit juice, porridge, bread and a selection of beverages, cereals and preserves are available on the ward.



Menu Codes

- D** Diabetic
- V** Vegetarian
- S** Soft
- ☺ High Energy
- ♥ Healthy Eating

If you have a food allergy or food intolerance please ask for information.

Halal meals available on request.

Protected Meal Times

This trust is committed to ensuring meal times are free from interruption.



- Breakfast 07.45 to 08.15
- Lunch 12.30 to 13.15
- Supper 17.30 to 18.15



clean your hands campaign

WEEK ONE MONDAY LUNCH

Please shade box black next to choice
 Portion size: Large Medium Small
PLEASE CHOOSE ONE FROM EACH SECTION

1	<input type="checkbox"/> Roast Turkey & Stuffing	D ♥
2	<input type="checkbox"/> Minced Beef & Vegetable Cobbler	D S ☺
3	<input type="checkbox"/> Chilli Con Carne with Rice	D S ♥
4	<input type="checkbox"/> Spanish Style Chickpea, Potato & Tomato Stew	D V S ♥
5	<input type="checkbox"/>	
6	<input type="checkbox"/> Roast Potatoes	D V ☺
7	<input type="checkbox"/> Mashed Potatoes	D V S ♥
8	<input type="checkbox"/> Seasonal Vegetable	D V S ♥
9	<input type="checkbox"/> Peas & Sweetcorn	D V ♥
10	<input type="checkbox"/>	
11	<input type="checkbox"/> Steamed Jam Sponge	V S ☺
12	<input type="checkbox"/> Diabetic Steamed Jam Sponge	D V S ☺
13	<input type="checkbox"/> Custard	V S ☺
14	<input type="checkbox"/> Diabetic Custard	D V S ♥
15	<input type="checkbox"/> Cheese & Biscuits	D V ☺
16	<input type="checkbox"/>	

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WEEK ONE MONDAY SUPPER

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PLEASE CHOOSE ONE FROM EACH SECTION

1	<input type="checkbox"/> Tomato Soup	D V S ☺
2	<input type="checkbox"/>	
3	<input type="checkbox"/> Ham Salad Sandwich on Wholemeal	D ♥
4	<input type="checkbox"/> Baked Potato	D V S ♥
5	<input type="checkbox"/> Spiced Potato, Spinach & Lentils with Boiled Rice	D V S ♥
6	<input type="checkbox"/> Baked Beans & Mini Sausages	D S ☺
7	<input type="checkbox"/> Cheese	D V ☺
8	<input type="checkbox"/>	
9	<input type="checkbox"/> Garden Salad	D V ♥
10	<input type="checkbox"/>	
11	<input type="checkbox"/>	
12	<input type="checkbox"/>	
13	<input type="checkbox"/> Chocolate Cake	V S ☺
14	<input type="checkbox"/>	
15	<input type="checkbox"/> Ice Cream	D V S ♥
16	<input type="checkbox"/> Fresh Fruit	D V ♥

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WEEK ONE TUESDAY LUNCH

Please shade box black next to choice

Portion size: Large Medium Small

PLEASE CHOOSE ONE FROM EACH SECTION

1	<input type="checkbox"/> Baked Gammon & Pineapple	D ♥
2	<input type="checkbox"/> Beef Masala & Rice	D S ☺
3	<input type="checkbox"/> Fisherman's Pie	D S ♥
4	<input type="checkbox"/> Ploughman's Salad with Vegetarian Cheese	D V
5	<input type="checkbox"/>	
6	<input type="checkbox"/> Parmentiere Potatoes (Fried Potato Squares)	D V ☺
7	<input type="checkbox"/> Mashed Potatoes	D V S ♥
8	<input type="checkbox"/> Seasonal Vegetable	D V S ♥
9	<input type="checkbox"/> Carrots	D V S ♥
10	<input type="checkbox"/>	
11	<input type="checkbox"/> Bread & Butter Pudding with Sultanas	V S ☺
12	<input type="checkbox"/> Diabetic Bread & Butter Pudding with Sultanas	D V S ♥
13	<input type="checkbox"/> Custard	V S ☺
14	<input type="checkbox"/> Diabetic Custard	D V S ♥
15	<input type="checkbox"/> Ice Cream	D V S ♥
16	<input type="checkbox"/>	

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WEEK ONE TUESDAY SUPPER

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PLEASE CHOOSE ONE FROM EACH SECTION

1	<input type="checkbox"/> Pea & Ham Soup	D S ☺
2	<input type="checkbox"/> Cheese & Tomato Sandwich on White Bread	D V ♥
3	<input type="checkbox"/> Cheese & Tomato Sandwich on Wholemeal Bread	D V ♥
4	<input type="checkbox"/> Pasta Napoli (with Tomato Sauce) and Cheese	D V S ☺
5	<input type="checkbox"/> Fish Cakes with Lemon	D S ♥
6	<input type="checkbox"/>	
7	<input type="checkbox"/> Chipped Potatoes	D V S ☺
8	<input type="checkbox"/>	
9	<input type="checkbox"/>	
10	<input type="checkbox"/>	
11	<input type="checkbox"/> Garden Peas	D V ♥
12	<input type="checkbox"/>	
13	<input type="checkbox"/> Rice Pudding	V S ☺
14	<input type="checkbox"/> Cheese & Biscuits	D V ☺
15	<input type="checkbox"/>	
16	<input type="checkbox"/> Fresh Fruit	D V ♥

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WEEK ONE THURSDAY LUNCH

Please shade box black next to choice
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PLEASE CHOOSE ONE FROM EACH SECTION

1	<input type="checkbox"/> Bacon & Egg Flan	D ☺
2	<input type="checkbox"/> Sweet n Sour Chicken & Vegetables with Rice	♥
3	<input type="checkbox"/> Minced Beef & Onion Pie	D S ☺
4	<input type="checkbox"/> Split Pea & Vegetable Curry & Rice	D V S ♥
5	<input type="checkbox"/>	
6	<input type="checkbox"/> Sauté Potatoes	D V S ☺
7	<input type="checkbox"/> Mashed Potatoes	D V S ♥
8	<input type="checkbox"/> Seasonal Vegetable	D V S ♥
9	<input type="checkbox"/> Carrots & Peas	D V S ♥
10	<input type="checkbox"/>	
11	<input type="checkbox"/> Plum & Orange Crumble	V S ☺
12	<input type="checkbox"/> Diabetic Plum & Orange Crumble	D V S ♥
13	<input type="checkbox"/> Custard	V S ☺
14	<input type="checkbox"/> Diabetic Custard	D V S ♥
15	<input type="checkbox"/> Ice Cream	D V S ♥
16	<input type="checkbox"/>	

Name 1.3
 Ward S/worth

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WEEK ONE THURSDAY SUPPER

Please shade box black next to choice
 Portion size: Large Medium Small

PLEASE CHOOSE ONE FROM EACH SECTION

1	<input type="checkbox"/> Thick Farmhouse Vegetable Soup	D V S ☺
2	<input type="checkbox"/> Egg Sandwich on White	D V S
3	<input type="checkbox"/> Ham & Tomato Sandwich on Wholemeal	D S ♥
4	<input type="checkbox"/> Bean & Pasta Salad	D V ♥
5	<input type="checkbox"/> Chicken Pie with Potato Top	D S ♥
6	<input type="checkbox"/>	
7	<input type="checkbox"/>	
8	<input type="checkbox"/> Green Beans	D V S ♥
9	<input type="checkbox"/>	
10	<input type="checkbox"/> Mixed Salad	D V ♥
11	<input type="checkbox"/>	
12	<input type="checkbox"/> Butterscotch Mousse	V S
13	<input type="checkbox"/>	
14	<input type="checkbox"/> Cheese & Biscuits	D V ☺
15	<input type="checkbox"/>	
16	<input type="checkbox"/> Fresh Fruit	D V ♥

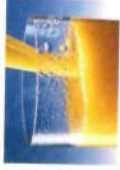
Name 1.3
 Ward Shut/worth

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WEEK ONE FRIDAY LUNCH

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PLEASE CHOOSE ONE FROM EACH SECTION

1	<input type="checkbox"/> Fish in Breadcrumbs	D S ☺
2	<input type="checkbox"/> Lasagne	D S ☺ ♥
3	<input type="checkbox"/> Poached Fish in Cheese Sauce	D S
4	<input type="checkbox"/> Bombay Potatoes with Spinach, Chickpeas & Rice	D V ♥
5	<input type="checkbox"/>	
6	<input type="checkbox"/> Chips	D V S ☺
7	<input type="checkbox"/> Mashed Potatoes	D V S ♥
8	<input type="checkbox"/> Garden Peas	D V ♥
9	<input type="checkbox"/> Seasonal Salad	D V S ♥
10	<input type="checkbox"/>	
11	<input type="checkbox"/> Apple Sponge	V S ☺
12	<input type="checkbox"/> Diabetic Apple Sponge	D V S ♥
13	<input type="checkbox"/> Custard	V S ☺
14	<input type="checkbox"/> Diabetic Custard	D V S ♥
15	<input type="checkbox"/> Ice Cream	D V S ♥
16	<input type="checkbox"/>	

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WEEK ONE FRIDAY SUPPER

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1	<input type="checkbox"/> Cream of Mushroom Soup	D V S ☺
2	<input type="checkbox"/>	
3	<input type="checkbox"/> Salad Sandwich on Wholemeal	D V ♥
4	<input type="checkbox"/> Chicken Sandwich on White	D
5	<input type="checkbox"/> Cottage Pie	D S ☺
6	<input type="checkbox"/> Butterbean & Spinach Curry with Rice	D V S ♥
7	<input type="checkbox"/>	
8	<input type="checkbox"/> Baked Beans	D V S ♥
9	<input type="checkbox"/> Baked Potato	D V S ♥
10	<input type="checkbox"/>	
11	<input type="checkbox"/> Green Salad	D V ♥
12	<input type="checkbox"/> Banana Custard	V S ☺
13	<input type="checkbox"/> Diabetic Banana Custard	D V S
14	<input type="checkbox"/> Fruit Jelly	D V ♥
15	<input type="checkbox"/> Ice Cream	D V S ♥
16	<input type="checkbox"/> Fresh Fruit	D V ♥

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WEEK ONE SATURDAY LUNCH

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PLEASE CHOOSE ONE FROM EACH SECTION

1	<input type="checkbox"/> Roast Chicken & Stuffing	D ♥
2	<input type="checkbox"/> Meatballs in Tomato Sauce	D S ☺
3	<input type="checkbox"/> Fish Fingers with Lemon	D S ♥
4	<input type="checkbox"/> Leek & Potato Hotpot	D V S ♥
5	<input type="checkbox"/> Pasta	D V S ☺
6	<input type="checkbox"/> Mashed Potatoes	D V S ♥
7	<input type="checkbox"/>	
8	<input type="checkbox"/> Seasonal Vegetable	D V S ♥
9	<input type="checkbox"/> French Beans	D V ♥
10	<input type="checkbox"/> Spiced Rice Pudding	V S ☺
11	<input type="checkbox"/> Diabetic Spiced Rice Pudding	D V S ☺
12	<input type="checkbox"/>	
13	<input type="checkbox"/>	
14	<input type="checkbox"/>	
15	<input type="checkbox"/>	
16	<input type="checkbox"/> Fresh Fruit	D V ♥

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WEEK ONE SATURDAY SUPPER

Please shade box black next to choice
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1	<input type="checkbox"/> Tomato & Red Pepper Soup	D V S ☺
2	<input type="checkbox"/> Cheese & Pickle Sandwich on White	D V ☺
3	<input type="checkbox"/> Ham Salad Sandwich on Wholemeal	D ♥
4	<input type="checkbox"/> Sausage Roll	D ☺
5	<input type="checkbox"/> Pasta & Broccoli Bake	D V ☺
6	<input type="checkbox"/> Sauté Potato	D V S ☺
7	<input type="checkbox"/> Baked Beans	D V S ♥
8	<input type="checkbox"/>	
9	<input type="checkbox"/>	
10	<input type="checkbox"/>	
11	<input type="checkbox"/> Jelly	S ☺
12	<input type="checkbox"/> Carrot & Orange Cake	V S ♥
13	<input type="checkbox"/> Diabetic Carrot & Orange Cake	D V S ♥
14	<input type="checkbox"/>	
15	<input type="checkbox"/> Ice Cream	D V S ♥
16	<input type="checkbox"/>	

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